

Bakers Banquet



Peanut Butter Oat Bars: And They're Gluten-Free!

For the Oat Bars

4 cups (360 grams) gluten-free oats
1 1/2 teaspoon ground cinnamon
1 1/2 teaspoon baking soda
1 teaspoon ground ginger
1/2 teaspoon kosher salt
1/2 cup (80 grams) chocolate chips (any kind)
1/2 cup (50 grams) unsweetened shredded coconut
1/2 cup (54 grams) slivered almonds, toasted
8 tablespoons (1 stick) unsalted butter, softened
1 cup (200 grams) dark brown sugar (packed)
1/4 cup (50 grams) granulated sugar
1/3 cup (114 grams) honey
3 large eggs, at room temperature
1 1/2 cups (360 grams) peanut butter (I prefer Skippy)
1 teaspoon pure vanilla extract
Coarse sea salt, for garnish

Directions:

Preheat the oven to 350°F. Grease a 13 x 9 inch pan with nonstick cooking spray.

In a large bowl whisk together the oats, cinnamon, baking soda, ginger and salt. Set aside.

In a small bowl combine the chocolate chips, coconut, and toasted almonds. Set aside.

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In the bowl of a standing mixer fitted with the paddle attachment, cream the butter with the sugars on medium high until fluffy, about 3 minutes. Add the honey and mix until incorporated. Add the eggs one at a time. Beat for 30 seconds until smooth.

Scrape down the sides of the bowl with a rubber spatula. Add the peanut butter and vanilla extract, and mix on low until incorporated. Scrape down the sides of the bowl again. Add the oat mixture and mix on the lowest speed for 2 minutes.

Scrape down the sides of the bowl again, and add the chocolate chips, coconut, and almonds. Mix on low until well combined, about 30 seconds. Scrape down the sides of the bowl one last time and then give the dough a final 10 second mix on low.

Transfer the dough into the prepared baking pan. Smooth the top with an offset spatula, ensuring the dough is evenly distributed in the baking dish. Sprinkle the dough with coarse sea salt, and bake for 25-30 minutes. The top should be golden and the center should be just set.

Cool completely before cutting into bars. (I didn't wait long enough and it was a mistake!)